1. Make hole in the bottle lid.

2. Press fit a long transparent stiff straw in the hole.

3. Pour some coloured water in the bottle. Screw the lid on the bottle. The straw must dip in the coloured water.

4. Rub your palms briskly to make them warm. Then gently place them on the bottle. DO NOT PRESS.

5. The air inside the bottle will warm and expand. This will put pressure and push water up the straw.

6. Instead of cupping the bottle with your warm hands you could place it in a bowl of warm water. The warm air will again push the water up the straw.

Warm air in the bottle expands and pushes the color water in the straw.