1. Mix 2-parts of corn flour with one part of water.

Corn flour + water makes a very good slurry.

2. Slowly dip your fingers in the slurry. Your fingers will go in quite easily.

3. Now punch hard on the surface of the slurry. You will encounter a soft wall. Your fist will not get wet.

Corn particles come together as you punch hard. This makes the slurry solid. The surface of the slurry acts like a soft wall.